

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION
4080 Roselea Place, Columbus, Ohio 43214
Ph: 614-267-2502 Fax: 614-267-1677
Web site: www.ohsaa.org

**OHSAA CROSS COUNTRY COACH'S VERIFICATION OF SPORTING
CONDUCT/LEGAL EQUIPMENT AND UNIFORMS
FOR USE IN REGULAR SEASON AND OHSAA TOURNAMENT COMPETITION**

SCHOOL NAME _____

DIVISION _____ BOYS _____ GIRLS _____

HEAD COACH'S NAME _____

OHSAA standards require contest officials to enforce all NFHS rules relating to sporting conduct, ethical behavior and legal uniforms and equipment. Acts that intend to demean opposing competitors, team members, spectators and officials are not in keeping with the ideals of interscholastic athletics and will not be tolerated. Let this competition reflect mutual respect!

NFHS track and field and cross-country rules require the referee to meet with the head coach and captains to explain the expectations of good sportsmanship throughout this competition. In addition, the head coach is responsible for verifying to the referee/starter that all competitors are properly equipped (legal uniforms, legal equipment and no jewelry) in compliance with NFHS rules.

In all OHSAA tournament competition and in any multi-team or invitational competition that would make it difficult for the referee to meet personally with all coaches and captains, all coaches shall agree to the following:

COACH'S VERIFICATION

I certify to the tournament referee that all contestants under my supervision are legally equipped, attired in legal uniforms, including the required number on the back of the uniform, and free of all jewelry in accordance with NFHS rules. I further certify that all student-athletes and other team personnel have been advised of their responsibilities relative to good sporting conduct during this competition.

Coach's Signature _____ Date: _____

**PLEASE RETURN THIS FORM TO TOURNAMENT PERSONNEL AT THE TIME OF
PACKET PICK-UP.**

5. CROSS COUNTRY TOURNAMENTS

Coach Checklist – Competitor Uniform

It is the responsibility of the coach and competitor to be sure that the competitor is dressed in the proper uniform for competition. This checklist is provided to remind coaches of the proper uniform. If there are further clarifications needed, ask the **Tournament Referee**. Do not ask other officials.

NOTE: If there is any question that cannot be answered affirmatively, then the problem must be resolved in order for the competitor to compete.

A - Uniform

- _____ 1) Is the top (full length) and bottom or one-piece uniform school issued?
- _____ 2) Is the uniform a one-piece uniform or a boxer-type bottom or a closed-leg brief?
- _____ 3) Does the top have the tournament number securely fastened on the top or one-piece uniform?
- _____ 4) Are all team members wearing the same color and design school uniform?
- _____ 5) Are all competitors wearing shoes securely fastened to the foot?

B - Visual Apparel Worn Under the Jersey or Shorts

- _____ 6) Is the visible shirt worn under the top unadorned and of a single solid color? Is the visible apparel worn under the bottom or one-piece uniform – IF BELOW THE KNEE - unadorned and of a single color?
- _____ 7) If there is a manufacturer's logo – is it no larger than 2 1/4 square inches?
- _____ 8) Does the visual apparel worn under the top or bottom or one-piece uniform have a design or printing that will not be visible outside or through the top or bottom or one-piece uniform?
- _____ 9) If more than one team member is wearing a visible shirt or apparel under the one-piece uniform, top or bottom, is the color of the shirt or apparel on the team members the same color?

C - Other Apparel

- _____ 10) If any runner wears a cap, is it the Navy Watch Style knit cap with no bill with a tassel or tail no longer than 1/2 the depth or length of the cap?
- _____ 11) If any runner wears a headband, is the headband manufactured for that purpose?